



Lead Adult Care Worker Level 3

Overview





Lead Adult Care Worker Level 3

Overview

The Lead Adult Care Worker Level 3 apprenticeship provides the opportunity for learners to grow their skills, behaviour and knowledge within their role.

Who is it for?

Team members who carry out a duty of care to service users who live in their own home or in a caring environment.

Key responsibilities may include:

- Working as part of a team to support people with a range of conditions
- Treating people with respect and dignity
- Safeguarding service users
- Person centred care

Benefits

For the Apprentice

Earning whilst learning

Build a career

Contribute effectively and understand your organisation

Learning is supported by industry experts

Understand core care principles

Level 3 Diploma in Health and Social Care

For the employer

Improved retention rates

Receive government incentives

Reduce recruitment costs

Address your skills gap

Retain talent

Create a culture for learning

Programme delivery

Programme length

15 months (on average) plus 3 Month End-point Assessment (EPA).

Delivery method

Programme delivered through Lifetime's blended learning approach

Blended learning

Facilitated learning: Learners complete learning sessions with their coach every 4-6 weeks.

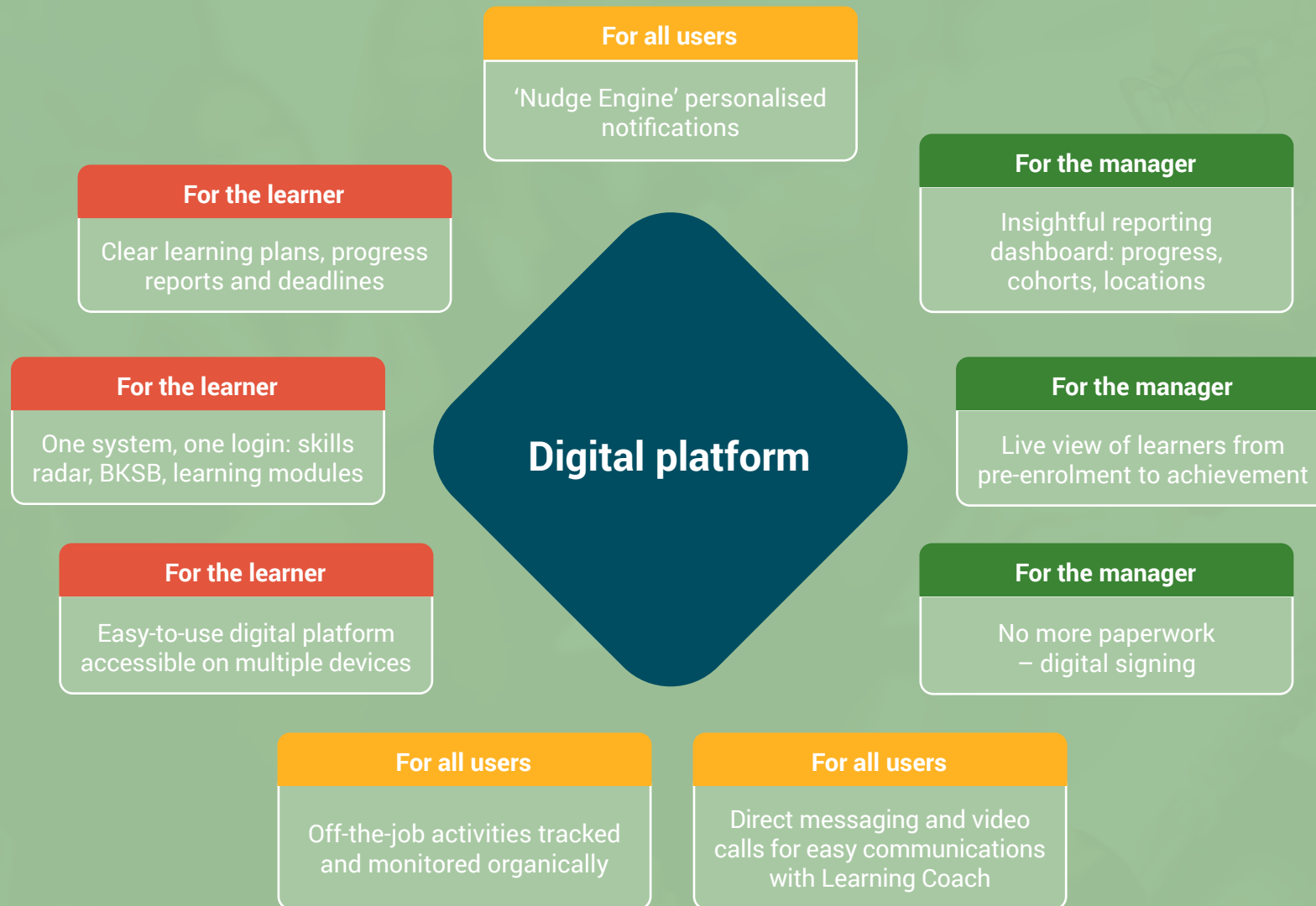
Self study: Learners are expected to carry out self-study using Lifetime's online learning platform.

Virtual sessions: Carried out between the learner and their Lifetime coach.

Contact: Learners have access to their Lifetime Coach via email, phone and Lifetime's online learning platform.



Blended delivery through Lifetime's online learning platform



Programme modules

The delivery model is broken down into six core modules

1. Introduction to the Adult Care Worker

2. The role of a Adult Care Worker and duty of care

3. Communication and handling information

4. Health and safety

5. Safeguarding and professional development

6. Person centred approaches, equality, diversity & inclusion

Plus at least three more modules specific to your care setting

Qualification achieved: Level 3 Diploma in Health and Social Care



Pathway options

Each learner selects one of the below pathways (this pathway will cover a further three modules specific to the learners working environment).

1. Mental Health

2. Community Support – Home Care

3. Activities Coordinator

4. Residential and Nursing

5. Learning Disabilities

6. Recovery & Wellbeing (Drug and Alcohol)

7. Community Support – Supported Living

8. Dementia Support

Please note these pathways are subject to your requirements and dependant on sector changes.



**Programme
modules**
Deep dive

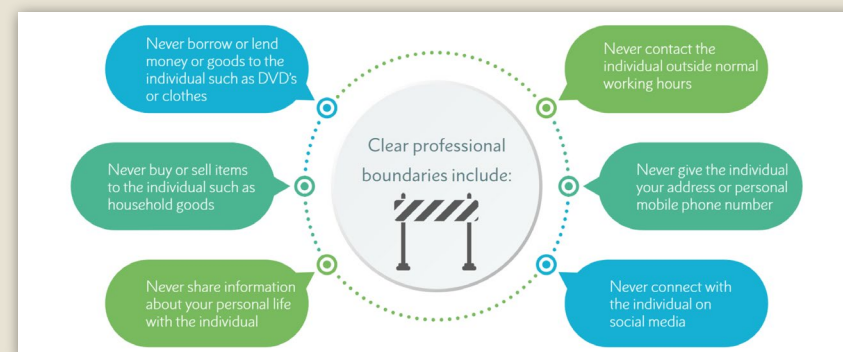


The role of a Adult Care Worker and duty of care

Covered:

- Codes of practice
- Standards that inform your role
- Professional boundaries
- Comments and complaints
- Personal and professional relationships
- Duty of care
- Duty of candour

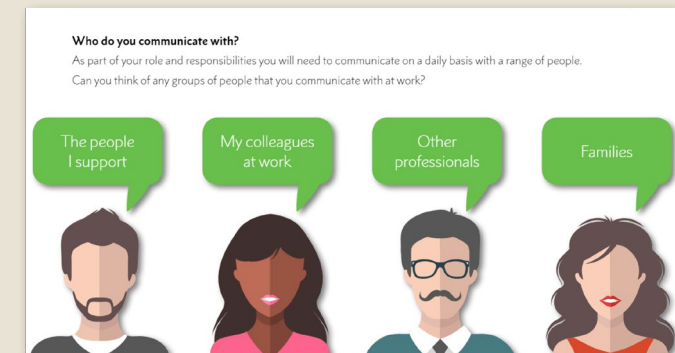
POLICIES, PROCEDURES AND AGREED WAYS OF WORKING MUST BE:



Communication and handling information

Covered:

- Why do we communicate
- The importance of communication
- Interpreting non-verbal communication
- Methods of communication
- Communication needs and preferences
- Effective communications
- Communication barriers
- Confidentiality and safety
- Handling information
- GDPR and processing personal data
- Using communication skills to manage difficult situations



Health and Safety

Covered:

- Legislation, roles and responsibilities
- Risk assessments
- Hazardous substances
- Reducing the spread of infection
- Personal hygiene and hand washing
- Moving and handling
- Managing stress
- Accidents and illnesses
- Fire safety



Click on the video below to see a video of the correct hand washing procedure



When and why hand washing

True and false



I should wash my hand regularly – before, during and after seeing a patient?

The Spine

Drag and drop the following words to correct part of the spine. You will have three attempts.



Lumbar
Coccyx
Cervical
Sacral
Thoracic

Reset

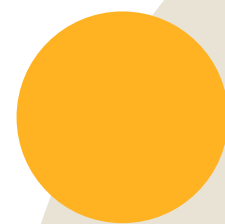
Submit

FR5795 - V1

Safeguarding and professional development

Covered:

- Recognising abuse
- Online safety
- Policies and procedures
- Reducing the likelihood of abuse
- Responding to safeguarding concerns
- Whistleblowing
- Reflective practice
- Professional development



Reducing the Likelihood of Abuse

There are **six** key principles which underpin all adult safeguarding work. These are:



What else can be done?

- ① Always work with **person centred values** (providing support that is focused on the wishes and needs of the individual).
- ② Encourage **active participation** (ensuring that individuals are involved in their own care and support whilst support activities are completed 'with' the individual rather than 'done to' the individual).

THE INDIVIDUAL



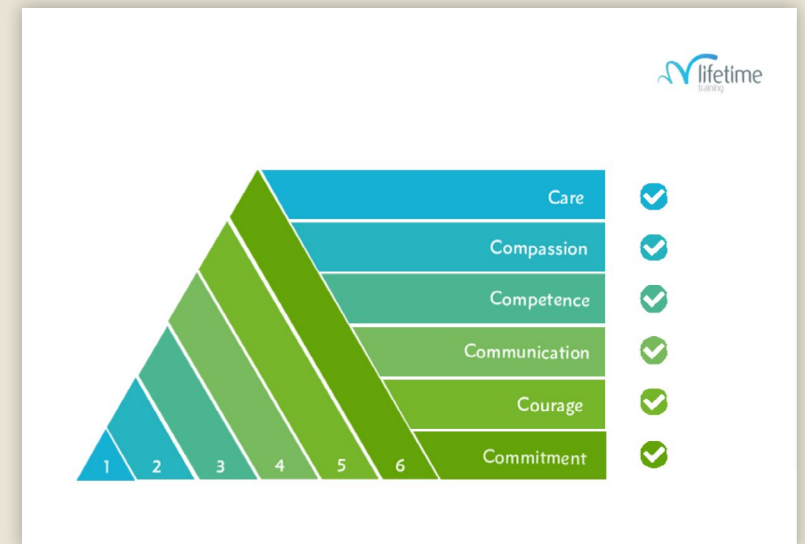
- GP:** Responsible for ensuring the individual's medical needs are met
- CARE WORKER:** Responsible for ensuring the individual's day-to-day physical and emotional needs are met
- SERVICE MANAGER:** Responsible for ensuring systems & processes are in place that ensures high quality care
- SOCIAL WORKER:** Responsible for ensuring the individual's needs are met and that they are safe
- FAMILY & FRIENDS:** Can help professionals understand needs & wishes of the individual with their agreement
- CARE QUALITY COMMISSION:** Responsible for regulating & inspecting services to have safe & effective care

AP0011 08.10.19 v1

Person centred approaches, equality, diversity & inclusion

Covered:

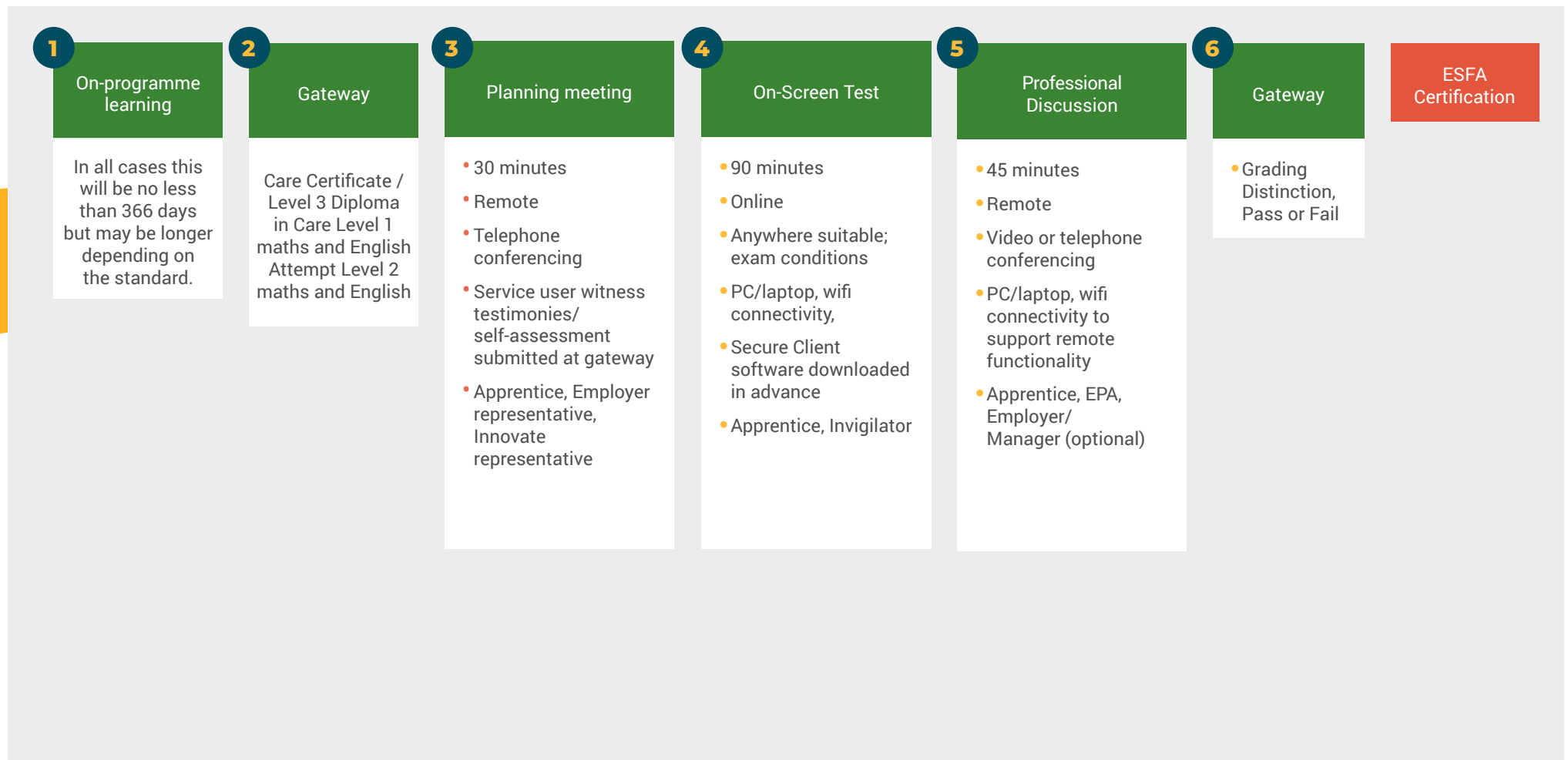
- Respecting different cultures and beliefs
- Legislation
- Preventing discrimination
- Challenging discrimination
- Values and behaviours
- Person centred values
- Health and wellbeing
- Mental capacity act
- Privacy and dignity in care
- The 6 C's in social care



End-point Assessment (EPA)



End-point Assessment Journey





**Thanks for
your time.**



hello@lifetimetraining.co.uk



www.lifetimetraining.co.uk/contact-us

